

LA SCELTA DELLA TERAPIA ANTICOAGULANTE ORALE DIRETTA NEL PAZIENTE COMPLESSO

NEL PAZIENTE COMORBIDO

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SITES OF ACTION OF WARFARIN AND THE NON-VITAMIN K ORAL ANTICOAGULANTS



NOAC INNOVATION MEANS IMPROVED OUTCOMES ON KEY STROKE ENDPOINTS VS VKA THERAPIES



• Meta-analysis of data from RE-LY[®], ROCKET AF, ARISTOTLE, ENGAGE AF-TIMI 48

• Ruff et al. Lancet 2013

Multimorbidity Is Associated With Greater Risk of Thromboembolism and Bleeding in Patients With Atrial Fibrillation but a Constant Benefit of Apixaban: Results From ARISTOTLE

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BACKGROUND

- Multimorbidity (MM), defined as ≥ 3 chronic conditions, is a marker of frailty based on the cumulative deficit model.
- This method of identifying increased risk counts comorbid conditions, and the sum of these is used to identify those with greater demands on homeostasis.
- MM increases the risk of polypharmacy which adds concerns about drug-drug and drug-disease interactions.
- MM is also a marker of increased risk for adverse events.
- For older patients with non-valvular atrial fibrillation, anticoagulation may be associated with different risks in the setting of MM.

RESULTS: ADJUSTED HAZARD RATIO OF ADVERSE EVENTS IN THOSE WITH MULTIMORBIDITY COMPARED TO THOSE WITH 0 TO 2 COMORBIDITIES



 Rates per 100 patient-years of stroke/systemic embolism, death, and major bleeding increased with MM, which was significant even after adjustment for age, sex, race, and region

RESULTS: HAZARD RATIO OF ADVERSE EVENTS IN EACH COMORBIDITY GROUP TREATED WITH APIXABAN VS. WARFARIN



The safety and efficacy of apixaban and warfarin were consistent across the range of MM, with less bleeding with apixaban in all groups. Intracranial
hemorrhage was significantly lower in patients randomized to apixaban across all MM groups; HR 0.28 (0.09 to 0.84) for apixaban vs. warfarin among
6+ comorbidities.

RESULTS: HAZARD RATIO OF ADVERSE EVENTS IN EACH COMORBIDITY GROUP TREATED WITH APIXABAN VS. WARFARIN

- MM (≥ 3 chronic conditions) is common, occurring in 63% of a contemporary trial population with AF. It is likely more common in a non-selected population.
- MM is associated with older age, polypharmacy, use of NSAIDs, gastric acid reducers, falls in the prior year, and increased CHA₂DS₂-VASc risk of stroke.
- Although MM is associated with greater risk of stroke/systemic embolism, death, and major bleeding, the efficacy and safety of apixaban versus warfarin was consistent even among patients with the greatest number of coexisting conditions.
- This supports the extension of trial results to community-treated patients with AF who often have greater MM than seen in clinical trials.

DRUG INTERACTION

	Via	Dabigatran	Apixaban	Edoxaban	Rivaroxaban
Antiarrhythmic drugs:					
Amiodarone	moderate P-gp competition	+12-60%	No PK data ^a	+40%	Minor effect ^a (use with caution if CrCl <50 ml/min)
Digoxin	P-gp competition	No effect	No data yet	No effect	No effect
Diltiazem	P-gp competition and weak CYP3A4 Inhibition	No effect	+40%	No data yet	Minor effect (use, with caution if CrCl 15-50 mil/min)
Dronedarone	P-gp competition and CYP3A4 Inhibition	+70-100% (US: 2 x 75 mg ff CrCl 30-50 ml/min)	No PK of PD data: caution	+85% (Reduce NOAC dose by 50%)	Moderate effect but no PK or PD data: caution and thy to avoid
Quinidine	P-gp competition	+53%	No data yet	+77% (No dose reduction required by label)	Extant of increase uhknown
Verapamil	P-gp competition (and weak CYP3A4 Inhibition)	+12-180% (reduce NOAC dose and take simultaneously)	No PK data.	+53% (SR) (No dose reduction required by label)	Minor effect (use with caution if CrCl 15-50 mi/min)
Other cardiovascular drugs					
Atorvastatin	P-gp competition and CYP3A4 Inhibition	+18%	No data yat	No effect	No effect
Antibiotics					
Clarithromycin; Erythromycin	moderate P-gp competition and CYP3A4 Inhibition	+15-20%	No data yet	+90% (reduce NOAC dose by 50%)	+30-54%
Rifampicin ⁹⁴⁴	P-gp/ BCRP and CYP3A4/CYP2J 2 Inducers	minus 66%	minus 54%	avoid if possible: minus 35%, but with compensatory increase of active metabolites	Up to minus 50%
Antiviral drugs					
HIV protease inhibitors (e.g. ritonavir)	P-gp and BCRP competition or Inducer; CYP3A4 Inhibition	No data yet	Strong	No data yek	Up to +153%

	Via	Dabigatran	Apixaban (Edoxaban	Rivaroxaban	
Fungostatics						
Fluconazole	Moderate CYP3A4 Inhibition	No data yet	No data yet	No data yet	+42% (If systemically administered)	
Itraconazole; Ketoconazole; Posaconazole; Vortconazole;	potent P-gp and BCRP competition; CYP3A4 Inhibition	+140-150% (US: 2 x 75 mg if CrCl 30-50 ml/min)	+100%	+87-95% (reduce NOAC dose by 50%)	Up to +160%	
Immunosuppressive						
Cyclosporin; Tacrolimus	P-gp competition	Not. recommended	No data yet	+73%	Extent of increase unknown	
Antiphiogistics		Second and the second of the		1 K		
Naproxen	P-gp competition	No data yet	+55%	No effect (but pharmacodynamically increased bleeding time)	No data yet.	
Antacids				12		
H2B; PPI; Al-Mg-hydroxide	GI absorption	Minus 12- 30%	No effect	No effect	No effect	
Others						
Carbamazepine ^b ; Phenobarbita ^b ; Phenytoin ^b ; St John's wort ^b	P-gp/ BCRP and CYP3A4/CYP2J 2 inducers	minus 66%	minus 54%	minus 35%	Up to minus 50%	
Other factors:						
Age ≥ 80 years	Increased plasma level		b	d		
Age ≥75 years	Increased plasma level			d		
Weight ≤ 60 kg	Increased plasma level		b			
Renal function	Increased plasma level	See spe	cific dose instru	ctions according to rer	al function	
Other Increased bleeding risk		Pharmacodynamic interactions (antiplatelet drugs; NSAID; systemic steroid therapy; other anticoagulants); history of GI bleeding; recent surgery on critical organ (brain; eye); thrombocytopenia (e.g. chemotherapy); HAS-BLED >3				

SPECIAL POPULATIONS: FOCUS ON

≻GI bleeding

Extreme body weights

≻Cancer

Patients in therapy with antiaggregants

	Dabigatran 150 mg twice daily¹	Rivaroxaban 20 mg daily¹	Apixaban 5 mg twice daily¹	Edoxaban 60 mg daily ²
Total patients (n)	6076	7131	9088	7012
Major GI bleeding (n)	223	224	105	232
Major GI bleeding (%/year)	1.85	2.00	0.76	1.51
Hazard ratio for major GI bleeding (vs. warfarin)	1.49 [Cl 1.21– 1.84]	1.61 [Cl 1.30–1.99]	0.89 [Cl 0.70– 1.15]	1.23 [Cl 1.02– 1.50]

1. Modified by Desai J et al, Thromb Haemost 2013; 110: 205–212

2. Giugliano RP et al; ENGAGE AF-TIMI 48 Investigators. N Engl J Med. 2013; 369: 2093-2104

MAJOR GI BLEEDING IN REAL-LIFE

Abraham et al. Gastroenterology 2017

Variable	Events, n	IB	Events, n	IB	HB (95% CI)	P for interaction
Overall	222	2.74	215	2.02	1.20 (1.00-1.45)	
18-64 y 65-74 y >75 y	26 66 130	1.05 2.54 4.29	14 54 147	0.46 1.56 3.54	HR 1.06	.10
Table 5.Strati		aban vs		n - 00442)	HR 0.39	gau'an (n = 13,084)
Table 5.Strati Variable	fied / Apix Apixaban (II - Events, n	aban vs	Events, n	In ^{abigat}	HR (95% CI)	gauran (n = 13,084) <i>P</i> for interaction
Table 5.Strati Variable Overall	fied / Apix Apixaban (11 Events, n 33	aban vs 	Events, n	In abigat = 0342) IR 2.73	HR (95% CI) 0.39 ^{***} (0.27–0.58)	gauran (n = 13,084) <i>P</i> for interaction
Table 5. Strati Variable Overall Age 18-64 y	fied A Apixaban (n - Events, n 33 2	aban vs - 0042) IR 1.38 0.34	Events, n 121 7	In abigat - 0342) IR 2.73 0.73	HR (95% CI) 0.39 [∞] (0.27–0.58)	gauran (n = 13,084) P for interaction .54
Table 5. Strati Variable Overall Age 18-64 y 65-74 y	fied A Apixaban (n Events, n 33 2 5	(aban vs 	Events, n 121 7 29	abigat = 0042) IR 2.73 0.73 2.12	HR (95% CI) 0.39 [™] (0.27–0.58) HR 0 45	gauran (n = 13,084) <i>P</i> for interaction .54

Table 6.Strat	tified			Rivarox		
	Аріха	aban vs	rivaroxaba	n ₃₅₎	HR 0.33	ban (n = 13,130)
Variable	Events, n	IR	Events, n	IR	HR (95% CI)	P for interaction
Overall	32	1.34	116	3.54	0.33*** (0.22-0.49)	
Age 18-64 v	2	0.34	6	0.81		.36
65-74 y	5	0.69	32	3.24	FIK 0.39	
≥75 y ́	25	2.32	78	5.05	0.39*** (0.25-0.61)	

Patients with a high risk of gastrointestinal bleeding

First choice For patients with a high risk of gastrointestinal bleeding, apixaban 5 mg twice daily or dabigatran 110 mg twice daily may be used

Second choice Dabigatran 150 mg twice daily, edoxaban 60 mg once daily, or rivaroxaban 20 mg once daily

> Gastrointestinal bleeding, even in the setting of anticoagulation, does usually not cause death or permanent major disability. Thus, the choice of OAC should be driven mainly by stroke prevention considerations.

The gastrointestinal bleeding risk of dabigatran and edoxaban are dose-dependent.
The increased gastrointestinal bleeding risk of dabigatran and rivaroxaban are most evident in patients ≥75 years old.

ADVANCED AGE AND STROKE and/or BLEEDING RISK IN CLINICAL TRIAL



NET CLINICAL BENEFIT OF OAC IN ELDERLY



Non-vitamin K oral anticoagulants and age

First choice	In patients older than 75 years, we suggest apixaban 5 mg twice daily [2.5 mg if ≥2 of the following: age ≥80 years, body weight ≤60 kg, or creatinine ≥1.5 mg/dL (133 µmol/L)]
Second choice	Dabigatran 110 mg twice daily, rivaroxaban 20 mg once daily, or edoxaban 60 mg once daily

SPECIAL POPULATIONS: FOCUS ON

≻GI bleeding

Extreme body weights

≻Cancer

Patients in therapy with antiaggregants

BACKGROUND

- Recent International Society on Thrombosis and Haemostasis (ISTH) guidelines caution against the use of non-vitamin K antagonists oral anticoagulants (NOACs) in patients with extremely high (> 120 kg) and low (≤ 60 kg) body weight due to lack of data in this population.
- The 2014 American College of Cardiology/American Heart Association guidelines suggest dose adjustment with extreme weights but do not provide guidance.

The Efficacy and Safety of Apixaban Versus Warfarin are Preserved in Patients With Atrial Fibrillation and Extreme Body Weights: Insights From the ARISTOTLE Study

- Marat Fudim¹, Renato D. Lopes¹, John H. Alexander¹, Daniel M. Wojdyla¹, Justin A. Ezekowitz², Michael Hanna³*, Dan Atar⁴, Ziad Hijazi⁵, M. Cecilia Bahit⁶, Jose Lopez-Sendon⁷, Lars Wallentin⁵, Christopher B. Granger¹, Stefan H. Hohnloser.⁸
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RESULTS: EFFICACY AND SAFETY OUTCOMES STRATIFIED BY WEIGHT CATEGORIES FOR APIXABAN VS WARFARIN USE – WEIGHT ≤ 60

Weight ≤ 60 kg	Apixaban Rate (n)*	Warfarin Rate (n)*	Hazard Ratio (95% CI) Apixaban vs Warfarin	
Efficacy Endpoints				
Stroke or systemic embolism	2.01 (34)	3.20 (52)		0.626 (0.406 to 0.964)
Stroke	1.95 (33)	2.95 (48)		0.658 (0.422 to 1.025)
Ischemic or uncertain stroke	1.77 (30)	1.90 (31)		0.933 (0.565 to 1.541)
Hemorrhagic stroke	0.18 (3)	1.10 (18)		0.158 (0.047 to 0.536)
All cause death	7.00 (122)	6.33 (107)		1.104 (0.852 to 1.431)
Myocardial infarction	0.64 (11)	0.36 (6)		1.741 (0.644 to 4.708)
Safety Endpoints				
Major bleeding	2.33 (36)	4.28 (62)		0.546 (0.362 to 0.823)
Major or CRNM bleeding	3.60 (55)	7.06 (101)		0.512 (0.369 to 0.711)
Intracranial bleeding	0.32 (5)	1.49 (22)		0.214 (0.081 to 0.565)
GI bleeding	0.90 (14)	1.09 (16)		0.838 (0.409 to 1.717)
Any bleeding	18.68 (244)	30.86 (344)	V VIV I AN A AN V VIV T TN V	0.622 (0.528 to 0.733)

Favor Apixaban Favor Warfarin

RESULTS: EFFICACY AND SAFETY OUTCOMES STRATIFIED BY WEIGHT CATEGORIES FOR APIXABAN VS WARFARIN USE - > 60 to 120 kg

Weight > 60 to 120 kg	Apixaban Rate (n)*	Warfarin Rate (n)*	Hazard Ratio (95% CI) Apixaban vs Warfarin	
Efficacy Endpoints				
Stroke or systemic embolism	1.23 (173)	1.44 (201)		0.853 (0.696 to 1.045)
Stroke	1.14 (161)	1.37 (191)		0.835 (0.677 to 1.030)
Ischemic or uncertain stroke	0.91 (128)	0.98 (137)		0.926 (0.728 to 1.179)
Hemorrhagic stroke	0.25 (36)	0.40 (56)		0.637 (0.419 to 0.968)
All cause death	3.14 (451)	3.75 (535)		0.836 (0.738 to 0.948)
Myocardial infarction	0.54 (76)	0.66 (92)		0.819 (0.604 to 1.110)
Safety Endpoints				
Major bleeding	2.15 (277)	3.02 (379)		0.713 (0.610 to 0.832)
Major or CRNM bleeding	4.20 (532)	5.97 (730)		0.707 (0.632 to 0.790)
Intracranial bleeding	0.35 (46)	0.75 (96)		0.468 (0.330 to 0.666)
GI bleeding	0.67 (87)	0.79 (100)		0.849 (0.637 to 1.132)
Any bleeding	18.15 (1987)	25.29 (2528)		0.732 (0.690 to 0.776)

Favor Apixaban Favor Warfarin

RESULTS: EFFICACY AND SAFETY OUTCOMES STRATIFIED BY WEIGHT CATEGORIES FOR APIXABAN VS WARFARIN USE – Weight > 120 kg

Weight > 120 kg	Apixaban Rate (n)*	Warfarin Rate (n)*	Hazard Ratio (95% CI) Apixaban vs Warfarin	
Efficacy Endpoints				
Stroke or systemic embolism	0.44 (4)	1.13 (11)		0.387 (0.123 to 1.215)
Stroke	0.44 (4)	1.03 (10)		0.426 (0.134 to 1.357)
Ischemic or uncertain stroke	0.44 (4)	0.61 (6)		0.711 (0.201 to 2.521)
Hemorrhagic stroke	0.00 (0)	0.41 (4)		-
All cause death	3.00 (28)	2.52 (25)		1.190 (0.694 to 2.042)
Myocardial infarction	0.33 (3)	0.41 (4)		0.806 (0.180 to 3.600)
Safety Endpoints				
Major bleeding	1.55 (13)	2.08 (19)		0.742 (0.366 to 1.502)
Major or CRNM bleeding	2.77 (23)	4.83 (43)		0.575 (0.347 to 0.954)
Intracranial bleeding	0.00 (0)	0.43 (4)		-
GI bleeding	0.47 (4)	0.33 (3)		1.436 (0.321 to 6.416)
Any bleeding	16.44 (119)	25.13 (176)		0.670 (0.531 to 0.846)

Favor Apixaban Favor Warfarin

RESULTS: EFFICACY AND SAFETY OUTCOMES STRATIFIED BY WEIGHT CATEGORIES FOR APIXABAN VS WARFARIN USE – Weight > 120 kg

- This post-hoc analysis of the ARISTOTLE trial represents the largest study of NOACs in patients with AF allowing for analysis of efficacy and safety in patients within various weight categories.
- The efficacy and safety of apixaban versus warfarin appear to be similar in patients with very high or very low body weight when compared with those without extremes of body weight.

SPECIAL POPULATIONS: FOCUS ON

≻GI bleeding

Extreme body weights

≻Cancer

Patients in therapy with antiaggregants

RCT	Drug	Patients	Cancer
EINSTEIN- DVT	rivaroxaban	N = 3,449	6%
EINSTEIN-PE	rivaroxaban	N = 4,382	5%
AMPLIFY	apixaban	N = 5,395	3%
Hokusai-VTE	edoxaban	N = 8,240	10%
Total		N = 21,466	N = 1,366 (6%)

Hokusai VTE Cancer trial

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Edoxaban for the Treatment of Cancer-Associated Venous Thromboembolism

Gary E. Raskob, Ph.D., Nick van Es, M.D., Peter Verhamme, M.D., Marc Carrier, M.D., Marcello Di Nisio, M.D., David Garcia, M.D., Michael A. Grosso, M.D., Ajay K. Kakkar, M.B., B.S., Michael J. Kovacs, M.D., Michele F. Mercuri, M.D., Guy Meyer, M.D., Annelise Segers, M.D., Minggao Shi, Ph.D., Tzu-Fei Wang, M.D., Erik Yeo, M.D., George Zhang, Ph.D., Jeffrey I. Zwicker, M.D., Jeffrey I. Weitz, M.D., and Harry R. Büller, M.D., for the Hokusai VTE Cancer Investigators*



SAFETY AND EFFICAY COMPARED TO WARFARIN BASED ON MALIGNANCY STATUS



VTE a common complication in cancer patients Treatment of cancer-associated VTE challenging

- Risk of recurrent VTE and bleeding higher than in patients without cancer
- Both recurrent VTE and bleeding important
- Contribute to mortality/morbidity, interfere with cancer therapy

Guidelines (ACCP, ASCO, ESMO)* recommend LMWH for initial and long-term therapy SC injections burdensome and limit adoption

*Kearon et al CHEST 2016; 149: 315 - 352 Lyman et al Journal of Clinical Oncology, 2013, 31:2189 - 2204 Mandala et al Ann Oncol 2011;22 (Suppl 6): 85 – 92 Farge et al JTH 2013; 11: 56 - 70

DOACs may be an attractive alternative for these patients, but.....

Rate of severe major bleeding similar

Survival free of recurrent VTE or major bleeding similar

Limited data

Active vs previous (???), type of cancer

SPECIAL POPULATIONS: FOCUS ON

>GI bleeding

Extreme body weights

≻Cancer

Patients in therapy with antiaggregants

2016 ESC GUIDELINES FOR THE MANAGEMENT OF ATRIAL FIBRILLATION



2016 ESC GUIDELINES FOR THE MANAGEMENT OF ATRIAL FIBRILLATION



WOEST trial



Willem J M Dewilde, Tom Oirbans, Freek W A Verheugt, Johannes C Kelder, Bart J G L De Smet, Jean-Paul Herrman, Tom Adriaenssens, Mathias Vrolix, Antonius A C M Heestermans, Marije M Vis, Jan G P Tijsen, Arnoud W van 't Hof, Jurriën M ten Berg, for the WOEST study investigators

PRIMARY ENDPOINT AT 1 YEAR

	Double therapy (n-279)	Triple therapy (n=284)	Hazard ratio (95% CI)	p value
Any bleeding event	54 (19-4%)	126 (44-4%)	0.36 (0.26-0.50)	<0.0001
TIMI bleeding				
Major	9 (3·2%)	16 (5.6%)	0.56 (0.25-1.27)	0.159
Major and minor	39 (14-0%)	89 (31.3%)	0.40 (0.27-0.58)	<0.0001
GUSTO bleeding				
Severe	4 (1.4)	10 (3·5%)	0.40 (0.12-1.27)	0.119
Severe and moderate	15 (5-4%)	35 (12.3%)	0.42 (0.23-0.76)	0-003
BARC bleeding				
3	18 (6-5%)	36 (12-7%)	0.49 (0.28-0.86)	0-011
3c	3 (1-1%)	3 (1.1%)	1.00 (0.20-4.90)	0.996
3b	6 (2.2%)	14 (5.0%)	0.43 (0.17-1.10)	0-074
Зa	9 (3-2%)	19 (6.7%)	0.47 (0.21-1.00)	0-054-
2	23 (8-2%)	59 (20.8%)	0-36 (0-23-0-59)	<0.0001
2+3	40 (14·3%)	90 (31.7%)	0.40 (0.28-0.58)	<0.0001
1	18 (6-5%)	45 (15-8%)	0.38 (0.22-0.66)	0-0004
Any blood transfusion	11 (3·9%)	27 (9.5%)	0.39* (0.17-0.84)	0-011

Percentages are calculated from the Kaplan-Meier curve. TIMI= Thrombolysis in Myocardial Infarction criteria. GUSTO=Global Utilization of Streptokinase and Tissue Plasminogen Activator for Occluded Coronary Arteries criteria. BARC=Bleeding Academic Research Consortium criteria. *Odds ratio.

Table 3: Results for the primary endpoint at 1 year

INCIDENCE OF THE PRIMARY ENDPOINT (ANY BLEEDING)



Dewilde WJM et al. Lancet 2013; 381: 1107–15

CUMULATIVE INCIDENCE OF THE SECONDARY ENDPOINT (DEATH, MYOCARDIAL INFARCTION, STROKE, TARGET-VESSEL REVASCULARISATION, AND STENT THROMBOSIS)



SECONDARY AND SAFETY ENDPOINTS AT 1 YEAR

	Double therapy (n=297)	Triple therapy (n=284)	Hazard ratio (95% CI)	p value
Combined secondary endpoint	31 (11.1%)	50 (17.6%)	0.60 (0.38-0.94)	0.025
Death				
All-cause	7 (2.5%)	18 (6-3%)	0.39 (0.16-0.93)	0.027
Cardiac	3 (1.1%)	7 (2-5%)	0.43 (0.11-1.66)	0-207
Non-cardiac	4 (1.4%)	11 (3.9%)	0.36 (0.11-1.13)	0.069
Myocardial infarction				
Any	9 (3·2%)	13 (4-6%)	0.69 (0.29-1.60)	0.382
STEMI	1(0.4%)	3 (1-1%)	0-34 (0-04-3-25)	0-325
Non-STEMI	8 (2.9%)	10 (3.5%)	0.79 (0.31-2.01)	0.625
Target-vessel revascularisation				
PCI or CABG	20 (7.2%)	19 (6-7%)	1.05 (0.56-1.97)	0.876
PCI	17 (6.1%)	16 (5-6%)	1.06 (0.54-2.10)	0.869
CABG	3 (1.1%)	3 (1.1%)	1.00 (0.20-4.90)	0.998
Stroke				
Any	3 (1·1%)	8 (2.8%)	0.37 (0.10-1.40)	0.128
Ischaemic	2 (0.7%)	8 (2.8%)	0.25 (0.05-1.17)	0.056
Haemorrhagic	1(0.4%)	0	NA	0.321
Disabling	2 (0.7%)	2 (0.7%)	0.99 (0.14-6.99)	0.988
Non-disabling	1(0.4%)	7 (2.5%)	0.14 (0.02–1.16)	0.034
Stent thrombosis				
Any	4 (1.4%)	9 (3·2%)	0.44 (0.14–1.44)	0.165
Definite	1(0.4%)	3 (1-1%)	0-33 (0-03-3-22)	0.319
Probable	0	2 (0.7%)	NA	0.161
Possible	3 (1.1%)	4 (1.4%)	0.75 (0.17-3.30)	0.708

Percentages are calculated from the Kaplan-Meier curve. STEMI=ST-elevation myocardial infarction. PCI=percutaneous coronary intervention. CABG=coronary artery bypass graft. NA=not applicable.

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Prevention of Bleeding in Patients with Atrial Fibrillation Undergoing PCI

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STRATIFICATION, RANDOMIZATION, AND FOLLOW-UP.

2236 Patients were screened for eligibility 112 Did not meet eligibility criteria 2124 Were enrolled in the trial 338 Were in 1-mo DAPT stratum 737 Were in 6-mo DAPT stratum 1049 Were in 12-mo DAPT stratum 709 Were assigned to group 2 706 Were assigned to group 3 709 Were assigned to group 1 109 Were in 1-mo DAPT stratum 115 Were in 1-mo DAPT stratum 248 Were in 6-mo DAPT stratum 246 Were in 6-mo DAPT stratum 352 Were in 12-mo DAPT stratum 345 Were in 12-mo DAPT stratum 706 Received ≥1 dose of the trial drugs 697 Received ≥ 1 dose of the trial drugs 696 Received ≥1 dose of the trial drugs 108 Were in 1-mo DAPT stratum 113 Were in 1-mo DAPT stratum 248 Were in 6-mo DAPT stratum 243 Were in 6-mo DAPT stratum 350 Were in 12-mo DAPT stratum 341 Were in 12-mo DAPT stratum 696 Were included in the primary 706 Were included in the primary 697 Were included in the primary safety analysis safety analysis safety analysis 694 Were included in the secondary 704 Were included in the secondary 695 Were included in the secondary efficacy analysis efficacy analysis efficacy analysis 205 Discontinued the trial 146 Discontinued the trial 149 Discontinued the trial 20 Died 22 Died 22 Died 3 Withdrew consent 3 Withdrew consent 3 Withdrew consent 123 Had other reasons 124 Had other reasons 180 Had other reasons

group 1 rivaroxaban (15 mg once daily) plus a $P2Y_{12}$ inhibitor for 12 months group 2 rivaroxaban (2.5 mg twice daily) plus DAPT for 1, 6, or 12 months group 3 standard therapy with a doseadjusted vitamin K antagonist (once daily) plus DAPT for 1, 6, or 12 months.

BASELINE CHARACTERISTICS OF THE PARTICIPANTS

Table 1. Baseline Characteristics of the Participants.*										
Characteristic	Group 1 (N = 709)	Group 2 (N=709)	Group 3 (N = 706)							
Age — yr	70.4±9.1	70.0±9.1	69.9±8.7							
≥65 Yr of age — no. (%)	523 (73.8)	516 (72.8)	526 (74.5)							
≥75 Yr of age — no. (%)	254 (35.8)	245 (34.6)	230 (32.6)							
Female sex — no. (%)	181 (25.5)	174 (24.5)	188 (26.6)							
Race or ethnic group — no. (%)†										
White	662 (93.4)	671 (94.6)	664 (94.1)							
Black	7 (1.0)	3 (0.4)	1 (0.1)							
Asian	25 (3.5)	28 (3.9)	33 (4.7)							
American Indian or Alaska Native	1 (0.1)	0	0							
Other or unknown	14 (2.0)	7 (1.0)	8 (1.1)							
Current smoker — no. (%)	37 (5.2)	56 (7.9)	48 (6.8)							
Creatinine clearance — ml/min‡	78.3±31.3	77.5±31.8	80.7±30.0							
Creatinine clearance of 30 to <60 ml/min — no./total no. (%)‡	194/674 (28.8)	196/680 (28.8)	175/668 (26.2)							
Creatinine clearance of <30 ml/min — no./total no. (%)‡	8/674 (1.2)	7/660 (1.1)	2/668 (0.3)							
P2Y ₁₂ inhibitor at baseline — no. (%)										
Clopidogrel	660 (93.1)	664 (93.7)	680 (96.3)							
Prasugrel	12 (1.7)	11 (1.6)	5 (0.7)							
Ticagrelor	37 (5.2)	34 (4.8)	21 (3.0)							
Type of index event — no./total no. (%)§										
NSTEMI	130/701 (18.5)	129/703 (18.3)	123/691 (17.8)							
STEMI	86/701 (12.3)	97/703 (13.8)	74/691 (10.7)							
Unstable angina	145/701 (20.7)	148/703 (21.1)	164/691 (23.7)							
Type of stent — no./total no. (%)										
Drug-eluting stent	464/709 (65.4)	471/705 (66.8)	468/704 (66.5)							
Bare-metal stent	231/709 (32.6)	220/705 (31.2)	224/704 (31.8)							
Drug-eluting and bare-metal stents	14/709 (2.0)	14/705 (2.0)	12/704 (1.7)							
Type of atrial fibrillation — no./total no. (%)										
Persistent	146/708 (20.6)	146/709 (20.6)	149/705 (21.1)							
Permanent	262/708 (37.0)	238/709 (33.6)	243/705 (34.5)							
Paroxysmal	300/708 (42.4)	325/709 (45.8)	313/705 (44.4)							
CHA ₂ DS ₂ -VASc score — no. (%)¶										
0	11 (1.6)	10 (1.4)	7 (1.0)							
1	66 (9.3)	65 (9.2)	44 (6.2)							
2	112 (15.8)	93 (13.1)	96 (13.6)							
3	125 (17.6)	122 (17.2)	148 (21.0)							
4	138 (19.5)	153 (21.6)	174 (24.6)							
5	140 (19.7)	163 (23.0)	125 (17.7)							
6	93 (13.1)	85 (12.0)	91 (12.9)							
7	24 (3.4)	18 (2.5)	21 (3.0)							

* Plus-minus values are means \pm SD. Participants in group 1 were assigned to receive low-dose rivaroxaban (15 mg once daily) plus a P2Y₁₂ inhibitor for 12 months, those in group 2 were assigned to receive very-low-dose rivaroxaban (2.5 mg twice daily) plus dual antiplatelet therapy (DAPT) for 1, 6, or 12 months, and those in group 3 were assigned to receive standard therapy with a dose-adjusted vitamin K antagonist (once daily) plus DAPT for 1, 6, or 12 months. There were no significant differences among the three groups.

† Race or ethnic group was self-reported.

Creatinine clearance was calculated with the use of the Cockcroft–Gault equation.

§ NSTEMI denotes non-ST-segment elevation myocardial infarction, and STEMI ST-segment elevation myocardial infarction.
¶ A higher CHA₂DS₂-VASc score indicates a higher risk of stroke.

CUMULATIVE INCIDENCE OF THE PRIMARY SAFETY END POINT AND A SECONDARY EFFICACY ENDPOINT



CUMULATIVE INCIDENCE OF THE PRIMARY SAFETY END POINT AND ITS COMPONENTS, WITH STRATIFICATION ACCORDING TO INTENDED DURATION OF DAPT

Table 2. Cumulative Incidence of the Primary Safety End Point and Its Components, with Stratification According to Intended Duration of DAPT.*										
Cohort and End Point	Groups Group 1 Group 2 1 and 2 Group 3 Group 1 vs. Gr				oup 3	Group 2 vs. Gr	Groups 1 and 2 vs	Group 3		
	croup 1			croup s	croup 1 to: croup 5					
	N	No. of Participants with Events (Kaplan–Meier Event Rate)		Hazard Ratio (95% CI)	P Value	Hazard Ratio (95% CI)	P Value	Hazard Ratio (95% CI)	P Value	
All participants — no.	696	706	1402	697						
Clinically significant bleeding	109 (16.8)	117 (18.0)	226 (17.4)	167 (26.7)	0.59 (0.47–0.76)	<0.001	0.63 (0.50-0.80)	<0.001	0.61 (0.50-0.75)	<0.001
Major bleeding	14 (2.1)	12 (1.9)	26 (2.0)	20 (3.3)	0.66 (0.33–1.31)	0.23	0.57 (0.28–1.16)	0.11	0.61 (0.34–1.09)	0.09
Minor bleeding	7 (1.1)	7 (1.1)	14 (1.1)	13 (2.2)	0.51 (0.20-1.28)	0.14	0.50 (0.20-1.26)	0.13	0.51 (0.24–1.08)	0.07
Bleeding requiring medical attention	93 (14.6)	102 (15.8)	195 (15.2)	139 (22.6)	0.61 (0.47-0.80)	< 0.001	0.67 (0.52-0.86)	0.002	0.64 (0.51-0.80)	<0.001
Participants assigned to DAPT for 1 mo — no.		108		113						
Clinically significant bleeding		19 (19.4)		27 (25.7)			0.68 (0.38-1.23)	0.20		
Major bleeding		1 (1.1)		5 (5.0)			0.19 (0.02–1.66)	0.10		
Minor bleeding		1 (1.2)		2 (2.0)			0.48 (0.04-5.27)	0.54		
Bleeding requiring medical attention		18 (18.4)		21 (20.4)			0.85 (0.45-1.59)	0.60		
Participants assigned to DAPT for 6 mo — no.		248		243						
Clinically significant bleeding		39 (17.5)		68 (31.2)			0.51 (0.34–0.75)	<0.001		
Major bleeding		7 (3.3)		9 (4.4)			0.74 (0.28–2.00)	0.56		
Minor bleeding		1 (0.5)		6 (2.9)			0.16 (0.02–1.32)	0.05		
Bleeding requiring medical attention		32 (14.5)		56 (26.0)			0.51 (0.33-0.79)	0.002		
Participants assigned to DAPT for 12 mo — no.		350		341						
Clinically significant bleeding		59 (17.9)		72 (23.9)			0.74 (0.52–1.04)	0.08		
Major bleeding		4 (1.3)		6 (2.1)			0.60 (0.17–2.14)	0.43		
Minor bleeding		5 (1.5)		5 (1.8)			0.91 (0.26-3.14)	0.88		
Bleeding requiring medical attention		52 (15.9)		62 (20.9)			0.75 (0.52–1.09)	0.13		

Data are for all participants who underwent randomization and received at least one dose of the trial regimen during the treatment period. Participants in group 1 were assigned to receive low-dose rivaroxaban (15 mg once daily) plus a $P2Y_{12}$ inhibitor for 12 months, those in group 2 were assigned to receive very-low-dose rivaroxaban (2.5 mg twice daily) plus DAPT for 1, 6, or 12 months, and those in group 3 were assigned to receive standard therapy with a dose-adjusted vitamin K antagonist (once daily) plus DAPT for 1, 6, or 12 months. The primary safety end point of clinically significant bleeding was a composite of major bleeding or minor bleeding, defined according to Thrombolysis in Myocardial Infarction (TIMI) criteria, or bleeding medical attention. Only one event for each participant could be included in the analysis of the composite end point and in the analyses of each component of the composite end point. If a participant had more than one type of event, the first event that occurred is the event that was included in the analyses of the composite end point. Cumulative event rates were estimated with the use of the Kaplan–Meier method, hazard ratios and 95% confidence intervals were calculated with the use of the Cox proportional-hazards model, and P values were calculated with the use of the two-side dog-rank test.

CUMULATIVE INCIDENCE OF SECONDARY EFFICACY END POINTS, WITH STRATIFICATION ACCORDING TO INTENDED DURATION OF DAPT.

Table 3. Cumulative Incidence of Secondary Efficacy End Points, with Stratification According to Intended Duration of DAPT.*										
Cohort and End Point	Group 1	Group 2	Group 3	Group 1 vs. G	roup 3	Group 2 vs. Gro	oup 3			
	No. of Pa (Kapla)	articipants wi n–Meier Ever	th Events nt Rate)	Hazard Ratio (95% CI)	P Value	Hazard Ratio (95% CI)	P Value			
All participants — no.	694	704	695							
Major adverse cardiovascular event	41 (6.5)	36 (5.6)	36 (6.0)	1.08 (0.69-1.68)	0.75	0.93 (0.59-1.48)	0.76			
Death from cardiovascular causes	15 (2.4)	14 (2.2)	11 (1.9)	1.29 (0.59-2.80)	0.52	1.19 (0.54-2.62)	0.66			
Myocardial infarction	19 (3.0)	17 (2.7)	21 (3.5)	0.86 (0.46-1.59)	0.62	0.75 (0.40-1.42)	0.37			
Stroke	8 (1.3)	10 (1.5)	7 (1.2)	1.07 (0.39-2.96)	0.89	1.36 (0.52-3.58)	0.53			
Stent thrombosis	5 (0.8)	6 (0.9)	4 (0.7)	1.20 (0.32-4.45)	0.79	1.44 (0.40-5.09)	0.57			
Major adverse cardiovascular event or stent thrombosis	41 (6.5)	36 (5.6)	36 (6.0)	1.08 (0.69–1.68)	0.75	0.93 (0.59–1.48)	0.76			
Participants assigned to DAPT for 1 mo — r	10.	108	112							
Major adverse cardiovascular event		6 (5.8)	5 (5.2)			1.17 (0.36-3.84)	0.79			
Death from cardiovascular causes		2 (2.1)	2 (2.2)			0.96 (0.13-6.80)	0.97			
Myocardial infarction		3 (2.9)	1 (1.1)			2.93 (0.30-28.16)	0.33			
Stroke		2 (1.9)	3 (3.1)			0.65 (0.11-3.91)	0.64			
Stent thrombosis		2 (1.9)	1 (1.1)			1.97 (0.18-21.74)	0.57			
Major adverse cardiovascular event or stent thrombosis		6 (5.9)	5 (5.2)			1.17 (0.36–3.84)	0.79			
Participants assigned to DAPT for 6 mo - r	10.	248	243							
Major adverse cardiovascular event		16 (7.0)	9 (4.3)			1.72 (0.76-3.88)	0.19			
Death from cardiovascular causes		6 (2.8)	4 (1.9)			1.45 (0.41-5.12)	0.57			
Myocardial infarction		7 (3.0)	6 (2.9)			1.13 (0.38-3.37)	0.82			
Stroke		6 (2.7)	0				0.02			
Stent thrombosis		4 (1.7)	1 (0.4)			3.91 (0.44-35.02)	0.19			
Major adverse cardiovascular event or stent thrombosis		16 (7.0)	9 (4.3)			1.72 (0.76-3.40)	0.19			
Participants assigned to DAPT for 12 mo —	no.	348	340							
Major adverse cardiovascular event		14 (4.5)	22 (7.4)			0.57 (0.29-1.11)	0.10			
Death from cardiovascular causes		6 (1.9)	5 (1.7)			1.08 (0.33-3.55)	0.89			
Myocardial infarction		7 (2.3)	14 (4.8)			0.44 (0.18-1.10)	0.07			
Stroke		2 (0.6)	4 (1.3)			0.46 (0.08-2.51)	0.36			
Stent thrombosis		0	2 (0.8)				0.10			
Major adverse cardiovascular event or stent thrombosis		14 (4.5)	22 (7.4)			0.57 (0.29–1.11)	0.10			

^E Data are for all participants who underwent randomization and received at least one dose of the trial regimen during the treatment period; six participants from one site (two in each group) were excluded from all secondary efficacy analyses because of violations of Good Clinical Practice guidelines. Participants in group 1 were assigned to receive low-dose rivaroxaban (15 mg once daily) plus DAPT for 1, 6, or 12 months, those in group 2 were assigned to receive very-low-dose rivaroxaban (25 mg once daily) plus DAPT for 1, 6, or 12 months, and those in group 3 were assigned to receive therapy with a dose-adjusted vitamin K antagonist (once daily) plus DAPT for 1, 6, or 12 months, and those in group 3 were assigned to receive therapy with a dose-adjusted vitamin K antagonist (once daily) plus DAPT for 1, 6, or 12 months, and those in group a vere assigned to receive therapy with a dose-adjusted vitamin K antagonist (once daily) plus DAPT for 1, 6, or 12 months, and those in group a vere assigned to receive the two sa composite of death from cardiovascular causes, myocardial infarction, or stroke. Only one event for each participant could be included in the analysis of the composite end point. If a participant had more than one type of event, the first event that occurred is the event that was included in the analysis of the composite end point. Cumulative event rates were estimated with the use of the Kaplan–Meier method, hazard ratios and 95% confidence intervals were calculated with the use of the Cox proportional-hazards model, and P values were calculated with the use of the twosided log-rank test.

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Dual Antithrombotic Therapy with Dabigatran after PCI in Atrial Fibrillation

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PRIMARY END POINT SAFETY AND SECONDARY EFFICACY ENDPOINT



SAFETY ENDPOINTS

End Point	Dual Therapy with Dabigatran, 110 mg (N = 981)	Triple Therapy with Warfarin {N=981}	Hazard Ratio (95% CI)	P Value†	Dual Therapy with Dabigatran, 150 mg (N=763)	Corresponding Triple Therapy with Warfarin {N=764}	Hazard Ratio (95% CI)	P Value†
	(%)							
Primary end point: ISTH major or clin- ically relevant nonmajor bleeding	151 (15.4)	264 (26.9)	0.52 (0.42-0.63)	<0.001 (<0.001 for non in feriority)	154 (20.2)	196 (25.7)	0.72 (0.58-0.88)	0.002 (<0.001 for noninferiority)
ISTH major bleeding	49 (5.0)	90 (9.2)	0.52 (0.37-0.74)	<0.001	43 (5.6)	64 (8.4)	0.64 (0.43-0.94)	0.02
Total bleeding	266 (27.1)	421 (42.9)	0.54 (0.46-0.63)	< 0.001	254 (33.3)	316 (41.4)	0.72 (0.61-0.84)	<0.001
Intracranial hemorrhage	3 (0.3)	10 (1.0)	0.30 (0.08-1.07)	0.06	1 (0.1)	8 (1.0)	0.12 (0.02-0.98)	0.047
TIMI major bleeding	14 (1.4)	37 (3.8)	0.37 (0.20-0.68)	0.002	16 (2.1)	30 (3.9)	0.51 (0.28-0.93)	0.03
TIMI major or minor bleeding	29 (3.0)	69 (7.0)	0.41 (0.26-0.63)	<0.001	27 (3.5)	48 (6.3)	0.53 (0.33-0.85)	0.009

EFFICACY ENDPOINTS

End Point	Dual T v	herapy with s. Triple The	Dabigatran (erapy with Wa	Combined) rfarin	Dual The vs. T	erapy with D riple Therap	abigatran (11 y with Warfar	gatran (110 mg) Dual Therapy with Dabigatran (150 r ith Warfarin vs. Triple Therapy with Warfarin				
	Combined Dual- Therapy Groups (N = 1744)	Triple- Therapy Group (N=981)	Hazard Ratio (95% CI)	P Value†	110-mg Dual- Therapy Group (N=981)	Triple- Therapy Group (N = 981)	Hazard Ratio (95% CI)	P Valueț	150-mg Dual- Therapy Group (N=763)	Corresponding Triple-Therapy Group {N=764}	Hazard Ratio (95% CI)	P Value†
no. (%)					no.	(%)				na (96)		
Composite efficacy end point: thromboembolic events, death, or unplanned revas- cularization	239 (13.7)	131 (13.4)	1.04 (0.84–1.29)	0.74 (0.005 for noninferiority)	149 (15.2)	131 (13.4)	1.13 (0.90–1.43)	0.30	90 (11.8)	98 (12.8)	0.89 (0.67–1.19)	0.44
Thromboembolic events or death	168 (9.6)	83 (8.5)	1.17 (0.90–1.53)	0.25 (0.11 for noninferiority)	108 (11.0)	83 (8.5)	1.30 (0.98–1.73)	0.07	60 (7.9)	60 (7.9)	0.97 (0.68–1.39)	0.88
Death					55 (5.6)	48 (4.9)	1.12 (0.76–1.65)	0.56	30 (3.9)	35 (4.6)	0.83 (0.51–1.34)	0.44
Myocardial infarction					44 (4.5)	29 (3.0)	1.51 (0.94–2.41)	0.09	26 (3.4)	22 (2.9)	1.16 (0.66–2.04)	0.61
Stroke					17 (1.7)	13 (1.3)	1.30 (0.63–2.67)	0.48	9 (1.2)	8 (1.0)	1.09 (0.42-2.83)	0.85
Definite stent thrombosis					15 (1.5)	8 (0.8)	1.86 (0.79–4.40)	0.15	7 (0.9)	7 (0.9)	0.99 (0.35–2.81)	0.98

Guida pratica alla scelta dei NOAC



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